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SUMMARY

Doctoral dissertation entitled "Social determinants of life (based on example of seniors in the Podkarpackie province) "

The selected topic „ Social determinants of life (based on example of seniors in the Podkarpackie province) "is a new issue. The complete novelty is the accounting research to show the course of human life in the three directly consecutive phases:

- Childhood
- Maturity,
- Old age,

and study the impact of social factors on human life in the phase and the resulting consequences for the next phase of life.

The interest in the problems of human destiny is clear that the dynamics of modern life, carrying with it changing patterns and lifestyles, leisure activities, the availability of many more recently unattainable goods, causes changes in the quality of human life. The common belief that the knowledge of man, his personality, values and development opportunities should be used to shape the physical and social environment that surrounds it is becoming more and more popular. This knowledge should find practical application in educational, administrative or economic activities.

This knowledge exploring the effects of social factors on human life should be one of the elements of the social policy of the state towards different age groups.

This work consists of seven chapters. The first one contains the concept of development. It includes an explanation and justification of the topic, the importance of cognitive and practical discussion of the factors determining the course of life, an analysis of the major theories of human development and guidance necessary to study the course of life, as well as an introduction to the research methodology of its own. The second chapter is an attempt to approximate the specificity of human fate. It includes the discussion of issues depending on the process of self-creation, the determinants of the perception of satisfaction with life. The next chapter includes a detailed description of the first phase of human life, shows the impact of family, peer group, school, other people and the environment in which the unit resides during the course of his / her life. Chapter four is the characteristic of the period of maturity. It contains an analysis of the decisions, discussion of professional activity, social and cultural respondents and issues related to marriage and having children. The next chapter is entirely devoted to the problems of old age as the third phase of human

life. This includes issues related to the individual aging and the process of aging society - the characteristics of the changes in this period, the needs of elder people, stereotypes about older people's perception and activity of people at retirement age, their adaptation to old age and preferred forms of care. The sixth chapter contains a detailed description of the methodology of the study (purpose, nature and scope of the study, formulated research problems and related to them hypotheses). It is a discussion of selected research methods and tools, as well as the selection of the surveyed population. The last section is a place to present the results of an empirical study. It is based on the data characteristics of the surveyed population, verified working hypotheses and summarizes the results of the study.

The completion of the thesis contains generalizing about the course of human life and a series of practical directives that have been raised on the basis of the literature and research.

The course of human life is multi-faceted and complex issue. The way of human determine the biological, psychological and social factors. Individual course of life is the result of interaction of groups of individual factors. The examination of the conditions makes it difficult not only a multifaceted subject but also the selectivity of human memory and the tendency to idealize the past.

The main objective of the study was to identify the social conditions that affect the course of human life.

According to the results of the study it was found that the most important factors that influence the course of life include:

1) factors associated with place of residence

- size of the place of residence,
- available at the place of residence and educational and cultural infrastructure;

2) factors associated with family

- parents' educational level,
- status of parents,
- number of children in the household of parents,
- health of family members in childhood,
- social activity of parents,
- professed values and attitudes presented in the family home,
- educational aspirations of parents in relation to their own children,
- the course of childhood;

3) the respondent's life situation in adulthood

- professional activity,

- professional position,
- financial situation,
- efforts to improve the health condition;

4) the respondent's current life situation

- education,
- place of residence,
- family status (having children, the frequency of contact with relatives, a successful marriage),
- financial situation,
- health,
- unit activity.

The research and the available literature shows that the most valuable is the course of life, during which a man is consistently implementing a life plan aiming to the target using one's own potential and opportunities.